

# Side Bend Stepper

DATA SHEET



**Target Areas:** Waist, Hips, Abdominals, Arms, Shoulders, Legs, Buttocks, Lower Back.

Exercise for major muscle groups (both upper and lower extremity), works the heart and lungs helping to raise energy levels and increase oxygen supply to the cells. Helps to improve co-ordination.

Can be used with the Shapemaster alignment cushion.



**4.3" touch screen console offering both manual and programme options**



**Power assisted (plug and play installation)**



**Designed and manufactured in UK**



**Dual function promotes simultaneous movement of upper body and lower limbs**

# Technical Specification

Dimensions	
Width	114cm
Length	125cm
Height	147cm
Electrical Specification	
Voltage	220V/240V (110V-USA)
Amps	3 Amps
Plug Cable Length	1.5 metre
Upholstery	
Side Panels	High impact resistant ABS plastic
Covers	Flame retardant vinyl, resistant to moisture and bacteria EN 1021-&2



Premium cover - durable fire and water resistant materials



**STRATEGIC  
PARTNER**

Shapemaster Global Ltd, 3 Queens Square Business Park, Huddersfield Road, Honley, Holmfirth, HD9 6QZ

[www.shapemaster.co.uk](http://www.shapemaster.co.uk) | [e:info@shapemaster.co.uk](mailto:info@shapemaster.co.uk) | [t:01484 667 474](tel:01484667474)