

# Cross Cycle Plus

## DATA SHEET



### TARGET AREAS:

Abdominals, Upper & Lower Arm, Legs.

### DESCRIPTION:

The Cross Cycle promotes lower limb movement, and flexion and extension of the upper limbs. This exercise will promote strengthening of the thigh and shoulder muscles and improves aerobic fitness

### ACCESSIBLE OPTIONS

- Swivel seat with removable arms for easy transfer
- Optional foot support with secure fastening
- Console unit offers variable feedback in addition to predefined programmes and option to limit range of movement



Option of 4.3" or 7" touch screen console offering both manual and programme options



Power assisted (plug and play installation)

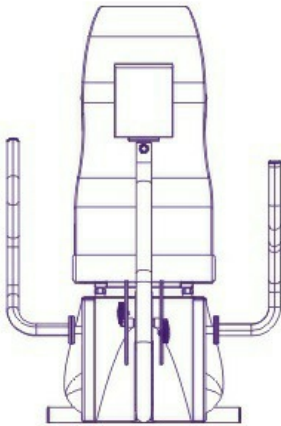
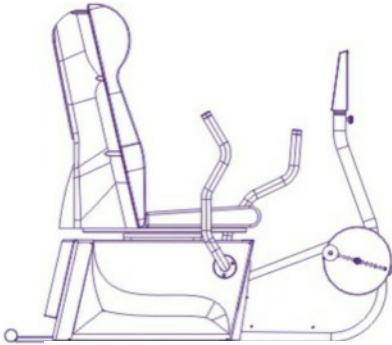
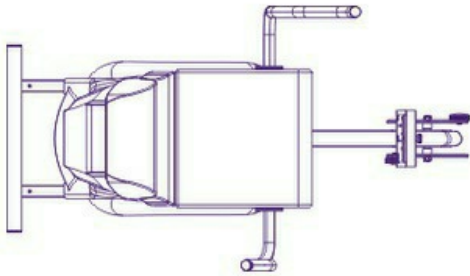
 Designed and manufactured in UK



Dual function promotes simultaneous movement of upper body and lower limbs

## Technical Specification

Dimensions	
Width	70cm
Depth	140cm
Height	130cm
Weight	90kg
Electrical Specification	
Voltage	220V/240V (110V-USA)
Amps	3 Amps per Table
Plug Cable Length	1.5 metre
Upholstery	
Side Panels	High impact resistant ABS plastic
Covers	Flame retardant vinyl and resistant to bacteria and moisture EN 1021-&2



Premium cover - durable fire and water resistant materials

