

# Chest & Legs



## DATA SHEET

**Target Areas:** Chest, Shoulders, Arms, Legs, Abdominals, Upper Back, Buttocks, Hips.

The Chest & Legs machine assists flexion and extension of all four limbs. The ability to move easily from sitting to standing is important for functional independence and requires strength within the extensor muscles groups. The push down action of the legs will strengthen the thigh and buttock muscles. The rowing action of the arms will strengthen the arm and shoulder muscles.

Can be used with the Shapemaster alignment aid.



**4.3" touch screen console offering both manual and programme options**



**Power assisted (plug and play installation)**

 **Designed and manufactured in UK**



**Dual function promotes simultaneous movement of upper body and lower limbs**

# Technical Specification

Dimensions	
Width	108cm
Length	130cm
Height	153cm
Electrical Specification	
Voltage	220V/240V (110V-USA)
Amps	3 Amps
Plug Cable Length	1.5 metre
Upholstery	
Side Panels	High impact resistant ABS plastic
Covers	Flame retardant vinyl, resistant to moisture and bacteria EN 1021-&2



**Premium cover - durable fire and water resistant materials**



**STRATEGIC  
PARTNER**

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