

# AB Pullover



## DATA SHEET

### TARGET AREAS:

Abdominals, Lower Back, Buttocks Hips, Legs, Waist.

### DESCRIPTION:

Provides intensive hip and buttock exercise whilst stretching and strengthening the pectoral and intercostal chest muscles also tightening and toning the triceps.

The unique lower body action strengthens and firms the gluteal muscles.

Stretching the pectoralis medius muscle on the upper chest can effectively correct shoulder droop and will firm, lift and expand the chest. This will increase the vital capacity of the lungs enabling more oxygen to be processed. Hip joint mobility and upper and lower posture is also improved.



**4.3" touch screen console offering both manual and programme options**



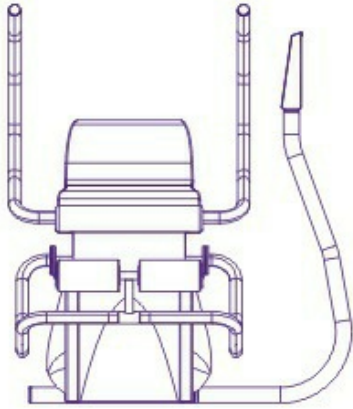
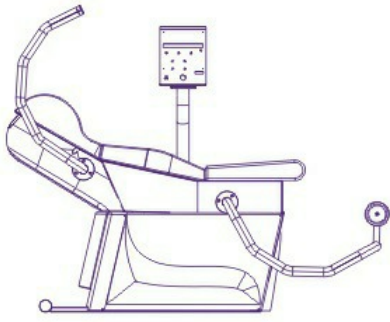
**Power assisted (plug and play installation)**



**Designed and manufactured in UK**



**Dual function promotes simultaneous movement of upper body and lower limbs**



## Technical Specification

Dimensions	
Width	95cm
Depth	170cm
Height	130cm
Weight	90kg
Electrical Specification	
Voltage	220V/240V (110V-USA)
Amps	3 Amps per Table
Plug Cable Length	1.5 metre
Upholstery	
Side Panels	High impact resistant ABS plastic
Covers	Flame retardant vinyl and resistant to bacteria and moisture EN 1021-&2



Premium cover - durable fire and water resistant materials



**STRATEGIC  
PARTNER**

Shapemaster Global Ltd, 3 Queens Square Business Park, Huddersfield Road, Honley, Holmfirth, HD9 6QZ

www.shapemaster.co.uk | e:info@shapemaster.co.uk | t:01484 667 474